

Yoga Props through THE WILD GOOSE

The importance of props becomes evident through the continuity of an active and passive practice of lengthening, lifting, supporting, releasing, securing and educating the body in asana and pranayama. With this understanding and as a devoted student of Iyengar Yoga, the seed of a small business was planted.

Our goal at THE WILD GOOSE is to produce high quality, esthetically appealing and environmentally friendly products which are accessible to the yoga community. We vow to conduct business on a conscious level, and help in the education and distribution of the Iyengar method. With this in mind, we hope you enjoy our products.

Handmade Bolster w/cover \$65

Bolster only \$45

Cover only \$20

Mexican Blankets \$20

**Pune Belts \$10/6 ft.
\$15/12 ft.**

Sand Bags (10.5 lbs) \$20

Indian Head Wraps \$10

**Chip Foam Blocks \$10
(2" x 8" x 12")**

Wooden Blocks \$25

1/4 Rounds Prices vary

Slant Boards Prices vary

**Mats available in
different sizes Prices vary
by size**

Chairs \$45

**CUSTOM MADE
WOODEN PROPS:**

Setu Bandha Benches

Back Benders

and more (ask for pricing)

Books, Tapes & CDs available

Prop demonstration available

Gift Certificates

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